

BSc (Hons) Sport Injury & Treatment Programme Specification

1.	Programme Title	BSc Hons Sports Injury & Treatment
2.	Awarding Institution	University of Chichester
3.	Teaching Institution	Peter Symonds College – Adult & Higher
Education division		
4.	Programme Accredited by	University of Chichester
5.	Final Qualification	BSc Hons Sports Injury & Treatment
6.	Academic year	2021/2024
7.	Language of Study	English
8.	Mode of Study	Full time
9. Programme Rationale		
<p>This programme is part of a suite of degrees developed by the college within a common framework. The College is particularly focussed on providing higher education and skills in such a way that students already in employment can continue in their existing job roles and any traditional undergraduate student who does opt to study at the College can study whilst starting to develop their career. The course can also offer individuals who wish to change career the opportunity to gain the qualifications required to make an effective transition.</p> <p>This degree has been designed to provide students with the necessary skills, knowledge & confidence to succeed as a practicing sports therapist. With the increasing emphasis on “Sports for All” and the escalating number of participants at all levels, there is a need for people with a specialist expertise in the diagnosis and treatment of a wide range of injuries, in prevention of such injuries, in immediate first aid, and physical rehabilitation.</p>		
10. Criteria for admission to the programme		
<ul style="list-style-type: none"> • All eligible applicants will be required to pass a selection interview. • It is expected that the student will normally have National Diploma in Sports Studies 2 A Levels (64 UCAS points) including one of Science / PE / Sport Studies, an NVQ level 3 or equivalent. • Mature students (over 21 years of age) without traditional requirements may also be accepted based on interview, reference and a written task. Exceptions from parts of the degree programmes are possible. Claimants seeking accreditation of prior learning and experience in this instance must apply to the College and may be required to present a portfolio in support of their claims. (See College procedures for RPL on www.moodle.psc.ac.uk) • Students should be working or volunteering in a relevant field for a minimum of 100 hours throughout the course. Those who are not will be assisted to find suitable experience. 		

11. Aims of the programme This

programme aims to:

1. Provide students with a broad overview of sports therapy skills and body assessment which will result in the requisite knowledge, understanding and skills to work in an unsupervised capacity to provide basic sports therapy, body assessment and massage on both healthy and injured clients.
2. Provide students with the requisite experience and knowledge to run their own businesses and develop their career path in sports therapy.
3. Enable students to gain practical expertise in the field of sports therapy.
4. Offer a flexible route towards higher education for people with varying levels of experience, this could include vocational experience but not necessarily the academic criteria required for an honours degree programme.
5. Provide opportunities for students to develop an understanding and critical awareness of the moral, ethical, environmental and legal issues that underpin best practise and

thereby produce graduates who are capable of operating effectively in the context of sport, health and exercise industries.

6. Provide a learning environment that supports and encourages students to be able to develop their confidence and graduate skills.

12. Programme Outcomes**A. Knowledge and Understanding**

On completion of this programme the successful student will have knowledge and understanding of:

1. The physiological and anatomical components of the body;
2. Ethical issues that can affect many aspects of working in sport;
3. The recognition, evaluation, management, treatment and referral of injuries and clinical conditions sustained during sport & exercise.
4. The prevention and rehabilitation of injuries and clinical conditions sustained during sport and exercise
5. Plan, organise and perform independent research in the field of sports therapy
6. Research, paradigms, theories, principles, concepts and factual information and apply such skills in explaining and solving problems
7. The students own working methods and preferences and time management skills.

Teaching / learning Methods

Students gain knowledge and understanding through:

- Lectures
- Seminars
- Group work
- Debate
- Case studies
- Assignments
- Reflection on work practice
- Practical experience

Assessment methods

Student's knowledge and understanding is assessed by:

- Multiple choice questions
- Written assignments
- Presentations
- Case Studies
- Seminar presentations
- Examinations
- Observation of practical exercises

<p>B. Cognitive (thinking) skills On completion of this programme the successful student will be able to:</p> <ol style="list-style-type: none"> 1. Critically reflect on own learning and practice and identify areas for development; 2. Employ relevant scientific theory and the current evidence base to provide clinical reasoning to decision making as a sports therapist. 3. Demonstrate at a level appropriate to the award, a critical approach in enquiry and a readiness to test hypotheses. 4. Conceptualise and hypothesise rationally and appropriately on the basis of known data and facts 5. Evaluate and critically assess evidence in the context of research methodologies and data sources. 6. Recognise and respond to moral, ethical and safety issues as they relate to the sports therapist. 	<p>Teaching/learning methods Students learn cognitive skills through:</p> <ul style="list-style-type: none"> • Lectures • Seminars • Group work • Debate • Case studies • Assignments • Reflection on work practice • Practical experience <p>Assessment methods Students cognitive skills are assessed by:</p> <ul style="list-style-type: none"> • Written assignments • Presentations • Case Studies • Seminar presentations • Examinations • Observation of practical exercises
<p>C. Practical skills</p> <p>On completion of the programme the successful student will be able to:</p> <ol style="list-style-type: none"> 1. Present ideas convincingly in a variety of written and oral forms; 2. Use ICT resources effectively for written assignments and presentations; 3. Perform effective literature searches using a range of databases in order to complete assignments and substantiate arguments; 4. Demonstrate appropriate and accurate practical skills in the recognition, evaluation, management, treatment and referral of injuries and clinical conditions sustained during sport & exercise. 5. Demonstrate appropriate and accurate practical skills in the prevention and rehabilitation of injuries and clinical conditions sustained during sport and exercise. 6. Demonstrate appropriate laboratory and field skills, including safe and ethical working practices. 	<p>Teaching/learning methods Students learn practical skills through:</p> <ul style="list-style-type: none"> • Work practice • Work shops • Practical lessons • Observation • Seminars <p>Assessment methods Student's practical skills are assessed by:</p> <ul style="list-style-type: none"> • Written assignments • Individual and group presentations • Reflective accounts of practice • Observations of practice • Examinations

<p>D. Graduate Skills</p> <p>On completion of this programme the successful student will be able to:</p> <ol style="list-style-type: none"> 1. Manage time effectively, take and demonstrate responsibility for their own learning, and continuing personal and professional development; 2. Identify own strengths and weaknesses in learning effectiveness and become a reflective learner; 3. Learn independently and as part of a team in familiar and unfamiliar situations; 4. Locate, select and retrieve information for specific purposes. 5. Critically reflect on their learning and demonstrate how it can be transferred to other situations 	<p>Teaching/learning methods</p> <p>Students learn graduate skills through:</p> <ul style="list-style-type: none"> • Lectures • Workshops • Seminars • Group work • Reflection • Feedback from tutors <p>Assessment methods</p> <p>Students graduate skills are assessed by:</p> <ul style="list-style-type: none"> • Reflective reports • All assessed work
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13. Programme structure (levels, modules, credits and progression requirements)

13.1 Overall structure of the programme Sports Injury & Treatment BSc Hons:

Injury & Treatment BSc Hons:

The degree will take place over three years. It comprises of three terms in each year with 40 credits available per term. All modules are compulsory, in year 1 all modules are 20 credits in value. Year 2 modules are also all 20 credits in value except for COR54 which is 40 credits. In year 3 this is a substantial dissertation module worth 60 credits and three further modules worth 20 credits each.

13.2 Levels and modules

Level 4		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: <ul style="list-style-type: none"> • COR41 • SPT41 • SPT42 • SPO41 • COR43 • COR44 	N/A	Completion and attainment of all learning outcomes of all level 4 modules.
Level 5		
COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: <ul style="list-style-type: none"> • SPO54 • COR54 • SPT52 • SPT53 • SPT54 	N/A	Completion and attainment of all learning outcomes of all level 5 modules.
Level 6		

COMPULSORY	OPTIONAL	PROGRESSION REQUIREMENTS
Students must take all of the following: <ul style="list-style-type: none"> • SPT61 • COR61 • SPT62 • SPT63 	N/A	Completion of 360 credits in total
<p>13.3 Non – Compensation of Grades</p> <p>Compensation is granted only by the Programme Assessment Board and should not be granted for any module where opportunities for reassessment are available unless the student's progression would be delayed in undertaking such reassessment.</p> <p>Compensation of assignments achieving marks of between 25% and 39% in modules at levels 4 and 5 may be compensated at the discretion of the Programme Assessment Board. It is subject to satisfactory overall performance and is permitted for a maximum of 30 credit points out of 120 credit points. Any compensation should be taken in the context of a student's extenuating circumstances; without extenuating circumstances compensation would not normally exceed 30 points beyond level 4. Compensation will not normally be agreed for project or dissertation modules. Compensation will not be granted in modules which have been deemed 'non-compensatable' in the programme specification due to their special contribution to the achievement of programme learning outcomes. Where compensation is granted for compulsory or pre-requisite module the student may continue with their proposed qualification unless prohibited from doing so by the requirements of a professional body. Compensated failure will count towards the total credit required for a qualification but will be indicated as such on a student's academic record by the addition of a C e.g. 40C. Where an original assessment cannot be replicated, for example in the case of group work, the Programme Assessment Board has discretion to set an alternative exercise subject to the maintenance of the purposes of the original assessment and module aims.</p> <p>The following modules are not eligible for compensation SPT41, SPO42, COR44, SPT53, ST54, SPT52, COR61, SPT63</p>		
<p>14. Curriculum map</p>		
<p>See attached</p>		

15. Information about assessment regulations

This programme follows the University of Chichester Academic Regulations as indicated in Peter Symonds College Academic Regulations. In addition, the programme requires that in order to progress you need to have met the attendance requirements as outlined in the Module Handbook.

Assessment helps both you and the staff to understand the level you are at and demonstrate your ability to progress to a higher level. Within each module multiple assessments will be aggregated to form the overall mark, however all learning outcomes for the module must be achieved before a module can be deemed as passed. Support and advice from teaching staff is available to assist in working towards all assessments. All students must submit assessments with the appropriate front sheets fully completed. Failure to do so will result in your assessment being returned to you unmarked.

Academic Misconduct

All of the following will be considered as academic misconduct:

- Plagiarism;
- Collusion;
- Infringement or avoidance of assessment regulations;
- Infringement of examination regulations;
- Fraudulent representation;
- Prejudicial behaviour;
- Bribes and/or inducements;
- Fabrication of evidence; and
- Failure to seek ethical approval when appropriate.

Initial reports of academic misconduct will go to the Curriculum Head or the Examinations Officer. Investigative meetings with the Director of Adult & Higher Education will also take place to assess whether any misconduct has taken place. A series of penalties could be applied depending on the severity of the offence. These can be found earlier on in the student handbook and also on www.moodle.psc.ac.uk. Academic misconduct cases will be reported to the University of Chichester.

16. Placement opportunities, requirements and support (if applicable)

Students on this programme will generally be expected to be working or volunteering in the sector. Those that are not will be helped by the college to find suitable experience. The work related/project-based modules are an essential part of the course as they integrate theory with practice. Students are expected to take an active role and ultimate responsibility for finding suitable experience lies with the student. Students should also have a project mentor.

17. Future careers

Future careers could include the following,

- Health Promotion
- Massage Therapist
- Massage Practitioner
- Sports Massage Therapist (Students will have the requisite knowledge and skills to be able to work independently in an unsupervised capacity as a sports massage therapist once appropriate insurance cover has been gained) • Sports Therapist

18. Particular support for learning (if applicable)

In 2007 a new curriculum resource centre was opened. This has numerous computers, small workrooms which are bookable for group work and an extensive range of curriculum related resources. Online reference resources and journals are available and on the Stoney Lane site computers and Wi-Fi are also available for your use. Tutors will be available via email communication.

Additional support is available for all students with disabilities and learning support needs. There is a comprehensive study support team who are able to assist with requirements for you that may include additional time, special equipment, and the assistance of a Learning Support Assistant or note-taker. Your selection for courses will be based purely on academic criteria and any request for information on learning difficulties is in order to provide support for you as early as possible. Prior knowledge of any required support would be beneficial in ensuring you have the required assistance from the start of the course.

Embedded in the early modules of the course will be a process of induction and ensuring that you are aware of all of the support available in addition to an introduction to the skills required to be successful on a foundation degree.

19. JACS code (or other relevant coding system)

C600

20. Relevant QAA subject benchmark group(s)

The course includes the requirements laid down by the QAA subject benchmarks: Hospitality Leisure Sport & Tourism, Health Studies and the Framework for Higher Education.

21. Reference Points

The following reference points are used in designing the programme, Skills Active Foundation Degree Framework, , Institute of Sport, Sports Massage Association, Institute of Sport, Remedial Massage and the Society of Sports Therapists. The programme is also mapped to some of the competencies across the Skills Active Fitness / Coaching and Sports Development Foundation degree frameworks.